

Helm Mountain**Distance:** 23 Miles **Climb:** 105 feet per mile**Start:** Routes 617 & 623, Rockfish River

Step	Direction	Route #	Road Name	Distance (miles)
1	Turn LEFT (WEST) out of parking area across bridge	Route 623	Stagebridge Rd	0.0
2	Turn LEFT	Route 640	Wheelers Cove Rd	1.1
3	Go STRAIGHT across Route 620 long climb after several miles	Route 640	Wheelers Cove Rd	1.8
4	Turn RIGHT	Route 641	Dutch Creek Ln	8.6
5	Turn AROUND where road ends	Route 641	Dutch Creek Ln	11.7
6	Turn LEFT	Route 640	Wheelers Cove Rd	14.7
7	Go STRAIGHT across Route 620	Route 640	Wheelers Cove Rd	21.5
8	Turn RIGHT	Route 623	Stagebridge Rd	22.2
9	Turn RIGHT into parking area	Route 617	Rockfish River Rd	23.3